



What is Soup Sisters?

Soup Sisters is a non-profit charitable social enterprise dedicated to providing comfort to women, children and youth through the making, sharing and donating of soup. Founded in Calgary in March of 2009, Soup Sister was the inspirational vision of home cook and soup maker Sharon Hapton. Sharon turned her heartfelt belief in the healing power of soup into an action plan to help women in crisis. Since then, Soup Sisters has engaged thousands in a movement to deliver over 4.5 million “Hugs in a Bowl” to families in crisis.

Nella Cucina supports Soup Sisters and you can too!

Nella Cucina supports Sharon in her vision and has been a proud Soup Sisters kitchen partner for over a decade. As a Certified Culinary Partner, Nella Cucina is proud to provide a space where corporations, friends and family can come together to provide nurture and nourish in the comradery of the kitchen! Nella Cucina provides all the ingredients, a professional kitchen, a chef facilitator and a delicious meal for your soup making crew.

What can you expect from your Soup Sister experience?

Appetizer & welcome beverage & a meal. A welcome from a Soup Sister’s representative to learn about the shelter/agency that is benefiting from your soup making and learn about the important work they do in our community.

Soup Sister cooking classes are group events that require a minimum of 12 participants and maximum of 30 people. The cost and event scheduling is done with Nella Cucina based on what you choose to serve your team. Guests are split into groups each making a different variety of soup. Two litres of soup per person are produced on average. All the ingredients and recipes are provided and the Nella Cucina chef facilitator will help with this process. While your soup is simmering, guests will be served a delicious meal of soup, made by the chef at Nella Cucina including salad, bread and wine with the meal. When dinner is done, guests will portion, label and package all soup into containers delivered to the local shelter/agency the next day. Nella Cucina also proudly donates 10% of the participation fee to Soup Sisters.